# Programme planner: Expedition section

## What is this programme planner for?

When completing each section of your DofE programme, you should develop a programme which is specific and relevant to you. This sheet will help you to plan your DofE programme for the Expedition section. For help and support either see your DofE Leader or visit www.duke-award.de.

## The Expedition section – why do it?

Going on an expedition gives you the chance to have an adventure, work as a team, and act on your own initiative.

## How long should I do activities for the Expedition section?

| Level | Minimum time | Notes |
|---|---|---|
| Bronze | 2 days and 1 night | At least 6 hours during the daytime (at least 3 of which must be spent journeying). |
| Silver | 3 days and 2 nights | At least 7 hours during the daytime (at least 3½ of which must be spent journeying). |
| Gold | 4 days and 3 nights | At least 8 hours during the daytime (at least 4 of which must be spent journeying). |

## Programme plan for: *(your name)* _____

**How do you want to travel on your expedition?** *(tick box)*

☐ By foot               ☐ By bicycle               ☐ By boat

☐ By canoe or kayak     ☐ By wheelchair            ☐ On horseback

**How will you research what you can do for your expedition?** *E.g. ask Leader/family/friends, research on the internet*

**Where will you go on the expedition? What will you do? Who will you go with?**

**How will this challenge you?**

**What are your goals? What do you want to achieve?**

**Who is going to help you complete your activity?** *E.g. Who is going to help you prepare for the expedition? Who is going to supervise you? Who is going to assess you?*

**What evidence will you collect to show your progress?** *E.g. How will you give your presentation?*